

FRESHMAN &
SOPHOMORE
PARENT NIGHT:
MEETING THE NEEDS OF
THE WHOLE STUDENT

MEET THE ADMINS

Who's Who For the Freshman and Sophomore Class:

Principal: Pedro Valdes

9th Grade AP: Justin O'Neil

10th Grade AP: Margot Mack

9th Grade Dean: Olivia Betances

10th Grade Dean: Susie Cipriano



THS COUNSELING DEPARTMENT

Director of Guidance, Career Services & Vocational Education
Keshia Golding-Cooper

School Counselors

Douglas Book

Lillian Garcia

Kelvin Reese

Beth Fleischer

Kharisma Mitchell

Jennifer Taylor

Student Assistance Coordinator & Anti Bullying Coordinator
Adrienne Williams

Secretaries

Charles Hollis

Kim Dockery



THS COUNSELING DEPARTMENT MISSION

The mission of the School Counseling Department is to provide a comprehensive program to address the academic, career, and social-emotional development of all students. Through collaboration with school faculty and administration, as well as family and community partners, School Counselors facilitate, encourage, and promote development in the following areas: social-emotional growth, career exploration, and college readiness.

School Counseling is an essential part of the educational process. Our counselors act as advocates for and liaisons between students and their teachers, parents, and administrators.

The program objectives, activities, and expanded outcomes recognize and support individual uniqueness, celebrate diversity, and promote the maximum development of human potential.

THE SCHOOL COUNSELOR

- Assists and supports students in all phases of academic, personal/social and post-secondary planning
- Provides individual and group counseling
- Advocates for students
- Acts as a resource for teachers, parents, administration
- Collaborates with teachers, parents and administration to help students



The F.O.R.U.M.

The FORUM stands for:

Forging

Opportunities for

Reasoning

Understanding and

Maturity

SERVICES:

- Individual, Group, Crisis & Family Counseling
- Employment Assistance
- Recreation
- Academic Support
- Referrals
- Presentations & Workshops



PARENT AVENUES OF COMMUNICATION

How Do I Contact THS Faculty:

- Email: firstinitiallastname@TeaneckSchools.org

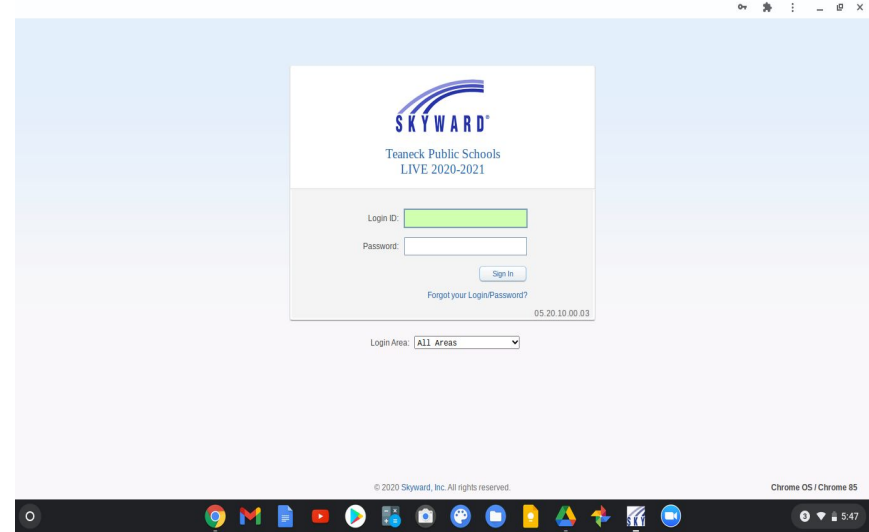
How Do I Receive Information:

- Email/Naviance THS Counselor Emails
- Bi-Weekly Newsletter
- Skyward - Grades, Attendance, etc.
- Website www.TeaneckSchools.org
- THS App
- Robocalls



SKYWARD

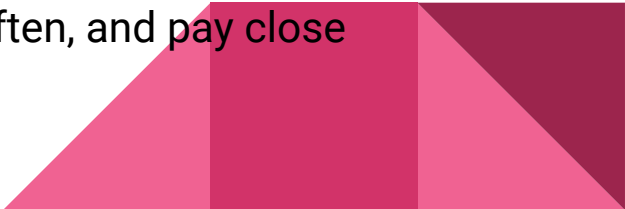
- Access students' grades/report cards
- Sign up for homework alerts
- Check attendance
- Register for courses
- Sign up for parent-teacher conferences
- Parents and students have separate access
- Contact school counselor for login and password information



NAVIANCE

- ❖ Naviance is a web-based resource for students and parents that encourages and supports post high school career and college planning
- ❖ Career Planning
 - Learning Style Inventory, Interest Inventory, Personality Inventory, Resume Building, Roadtrip Nation
- ❖ College Planning
 - College Search, Application Process, College Major Exploration, Scholarship/Financial Aid Resources
- ❖ Success Planning
 - Personalized Goals and Tasks, Journal Entries, Student Planner

HOW TO GET IN

- ❖ On the home page, students and parents will enter an access code provided by the Guidance Department.
 - ❖ The registration process is completed by using a working email address and a password created by the student or parent.
 - ❖ Note: Once registration is completed once, log-in simply requires the email address and password. The log-in page is found at **www.student.naviance.com/teaneck**, or through a link on the Teaneck High School Counseling page on the district website.
 - ❖ Announcements, e-mails, college representative visits, and other important information is posted on the Welcome page. Check it often, and pay close attention to THS Counselor emails.
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TYPICAL SCHEDULE

English

Math

Science

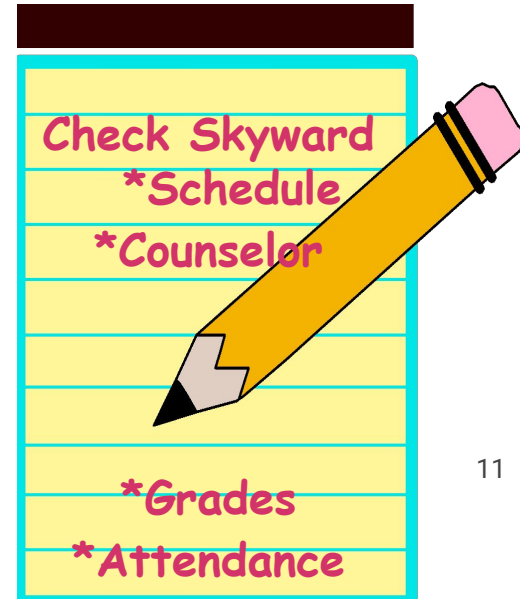
Social Studies

Physical Education/Health/Driver's Ed

World Language

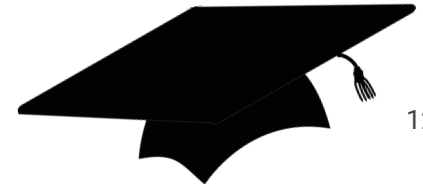
Elective(s)

8 classes= 40 credits



GRADUATION REQUIREMENTS

<u>Subject</u>	<u>Credits</u>
English	20
Mathematics	20
P.E./Health/Drivers Ed	20
History	15
Science	15
World Language	5
Visual and Performing Arts	5
21st Century Life and Careers	5
Financial Literacy	2.5
Electives	32.5
TOTAL	140



NEW VIRTUAL/CO-HORT SCHEDULE

	Mon Cohort I/A Day Cohort II/Virtual	Tues Cohort I/B day Cohort II/Virtual	See Wed. Schedule	Thurs Cohort II/A Day Cohort I Virtual	Fri Cohort II/B Day Cohort I Virtual		Wed Cohort I/II Virtual Learning
8:15-9:15	Period One	Period Five		Period One	Period Five	8:15-8:43	Period One
9:20-10:20	Period Two	Period Six		Period Two	Period Six	8:47-9:15	Period Two
10:25-11:25	Period Three	Period Seven		Period Three	Period Seven	9:19-9:47	Period Three
11:30-12:30	Period Four	Period Eight		Period Four	Period Eight	9:51-10:16	Period Four
12:30-1:30	Lunch	Lunch		Lunch	Lunch	10:16-10:26	Mindfulness
1:30-2:00	Small Group/Interventions Period One	Small Group/Interventions Period Five		Small Group/Interventions Period Three	Small Group/Interventions Period Seven	10:26-10:54	Period Five
2:00-2:30	Small Group/Interventions Period Two	Small Group/Interventions Period Six		Small Group/Interventions Period Four	Small Group/Interventions Period Eight	10:58-11:26	Period Six
2:30-3:25	Office Hours/Professional Responsibilities	Office Hours/Professional Responsibilities		Office Hours/Professional Responsibilities	Office Hours/Professional Responsibilities	11:30-11:58	Period Seven
3:25-4:25	Tutoring	Tutoring		Tutoring	Tutoring	12:02-12:30	Period Eight
						12:30-3:25	Student Advisement/Common Planning Time
						3:25-4:25	Tutoring

Academic Institutes

Teaneck High School is excited to announce, “**THE ACADEMIC INSTITUTES AT THE CASTLE ON THE HILL.**” To ensure our students are well equipped to meet the demands of the 21st Century, students will have the option to select an area of concentration from the Academic Institutes listed below.

- **ACADEMIC INSTITUTE OF BUSINESS**
- **ACADEMIC INSTITUTE FOR THE FINE AND PERFORMING ARTS**
- **ACADEMIC INSTITUTE OF TECHNOLOGY**
- **ACADEMIC INSTITUTE OF LITERATURE AND COMPOSITION**
- **ACADEMIC INSTITUTE OF SOCIAL SCIENCES**



CLUBS

Studio 2B – Grades 9 – 12, Partnership with the Girl Scouts of Bergen County

Animal Appreciation Club - Allows students the opportunity to learn about both domestic and wild animals and the careers associated with their care and preservation.

The Interact Club is a youth service clubs run in cooperation with the Teaneck Rotary for youth ages 14-18.

Connections The Connections Club facilitates programs for students new to Teaneck High School that are designed to help ease the transition to their new learning environment

ACE Mentor Program (Architecture, Construction Management and Engineering), is an after school program that gives students who are interested in those careers an opportunity to interact with firms in NY and NJ.

Art Club
Asian Student Union
Black Youth Organization

HEAL Mentoring
Israel Club
Newspaper Club

Spectrum
SOLA
SOLVE

Yearbook Club



NEXT STEPS

- ★ Communicate with your School Counselor
- ★ Explore Naviance
- ★ Encourage good grades and great study habits
- ★ Start thinking about post high school plans; it's never too early



Questions?

College & Career
Google Classroom
Freshman
Join Code:
ydbc3eh

Sophomore
Join Code:
ia3aqne



Check Skyward
for your
School Counselor

Follow Us on IG
@TeaneckSchoolCounselors